

HIGH GROUND EATS

Sandwiches/Paninis

All Sandwiches/Paninis Come with Side of Chips, Sub Veggies +\$.75
All Our Bread is Made Fresh Right Down the Street, Thanks John's Grocery

Blue Roast Beef Panini

Local Roast Beef, Cheddar, Roasted Tomatoes, Red Onion, Blueberry Sauce, on Fresh Wheat 5.99

BLAT Sandwich

Applewood Smoked Bacon, Romaine, Avocado, Roma Tomato, Mayo, on Toasted Wheat 5.99

Turkey Mango Panini

Turkey, Smoked Gouda, Mango Chutney, Roasted Red Pepper, Spinach, on Fresh Sourdough 5.99

Spicy Turkey Bacon Panini

Turkey, Applewood Smoked Bacon, Cream Cheese, Tomatoes, Jalapeno, Spinach, on Rosemary Bread 5.99

Garden Sandwich

Red Pepper Hummus, Roasted Tomatoes, Cucumber, Red Onions, Romaine, Spinach, on Toasted Wheat 5.49

Avocado Slam Sandwich

Avocado, Roma Tomato, Fresh Basil, Lightly Seasoned, on Toasted Rosemary Olive Oil Bread 5.49

Caprese Panini

Mozzarella, Roma Tomatoes, Fresh Basil, Spinach, Balsamic Vinaigrette, on Fresh Sourdough 4.49

3 Cheese Panini

Smoked Gouda, Mild Cheddar, Pepper Jack, Seasoned, on Fresh Sourdough 3.99

Pick 2 Combo
Half Sandwich/Soup Cup/Sm. Salad
5.99

Salads

2.49/4.99

House

Romaine, Spinach, Roasted Tomatoes, Red Onions, Cucumber, with Balsamic Dressing

Caesar

Romaine, Parmesan, Fresh Croutons, with Caesar Dressing

Strawberry Spin

Spinach, Strawberry, Cucumber, Parmesan, Candied Walnuts, with Balsamic Dressing

Soup Cup 3.29 Bowl 4.49

Food Served Until Close!!!

HIGH GROUND

Beer

PBR (16oz) 3.00

The original Pabst Blue Ribbon, great beer with a great value.

Pabst Brewing Co. Milwaukee, WI

3rd Shift 3.00

Amber Lager. Balanced, sweet malts, toasty character, subtle hops.

Band of Brewers Co. Fort Worth, TX

Blue Moon 3.75

Belgian-Style Wheat Ale. Crisp wheat finish, orange peel, coriander notes.

Blue Moon Brewing Co. Golden, CO

Fat Tire 3.75

Amber Ale. Toasty biscuit-like malt flavors, hoppy freshness.

New Belgium Brewing, Fort Collins, CO

Sam Adams 3.75

Boston Lager. Flavorful, full-bodied, balanced and complex.

The Boston Beer Co. Boston, MA

Curious Traveler Shandy 3.75

Ale Brewed with Lemon. Driven by wanderlust and a desire for discovery.

The Traveler Beer Co. Burlington, VT

Mirror Pond 4.00

Pale Ale. Cascade hop full forward flavor lingers, but doesn't overpower.

Deschutes Brewery, Bend, OR.

Saga IPA 3.75

India Pale Ale. Pronounced hop flavor, tropical fruit aromas.

Summit Brewing Co. St Paul, MN

Pop-Up Session IPA 3.75

American Pale Ale. Full hop flavor and aroma, lower alcohol content for all day drinkability.

Boulevard Brewing, Kansas City, MO

Founders Porter 4.25

Robust Porter. Creamy head, chocolate, caramel presence, full flavor.

Founders Brewing, Grand Rapids, MI

Back Road Stout 3.50

Oatmeal Stout. Coffee flavored, thick and full body, smooth finish.

Millstream Brewing Co. Amana, IA

Blonde Fatale 5.00

Belgian-Style Blonde Ale. Delicately hopped, crisp bite, fruity complexity.

Peace Tree Brewing Co. Knoxville, IA

Strongbow Gold Cider .. 4.25

Cider. World's leading cider, cold, crisp, revitalizing.

Stassen, Aubeil, Belgium

Double Wide IPA 6.25

Double IPA. Toffee, caramel notes, blended hop aromas, lingering bitterness.

Boulevard Brewing, Kansas City, MO.

Twisted Tea 3.50

Hard Iced Tea. Fine tea, clear malt base, lemon notes.

Twisted Tea Brewing Co. Cincinnati, OH

Millstream Root Beer ... 3.00

Root Beer. Thick, creamy, old fashioned taste.

Millstream Brewing Co. Amana, IA

Wine

Glass Btl

Monte Maria

Pinot Grigio

6.00 18

Italy – 2012

Grayson

Chardonnay

7.50 23

California – 2012

Don Rodolfo

Malbec

7.50 23

Argentina – 2013

Shannon Ridge

Cabernet Sauvignon

8.25 25

California – 2011

LIVE MUSIC!

Friday Nights

8PM – Late

Monthly Movie Nights

Poetry Open Mic Nights
And More!!!



The High Ground
the all day cafe!

Facepage us For
Current Event Details

Follow us on Twitter



Happy Hour!!!

4PM - 6PM

\$2.00 PBR Tall Boys

Free Double Espresso
with any Food Order